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For Immediate Release

GREENVILLE FITNESS UNDER NEW OWNERSHIP

Greenville, Pa. (January 17, 2009) – Greenville Fitness, 12 North Diamond Street in Greenville, was recently purchased by local fitness professional, Monica Ferguson. She and husband Randy are busy making improvements to the center in order to address the needs of the community and its desire for improved wellness options.

Greenville Fitness offers cardio equipment, resistance weight machines, free weights and Fusion Aerobics – a series of group exercise classes including *Progressive Pilates*, *Step into Shape* and *Have a Ball*. New and additional classes will soon be offered as well, based on member interest.

Recognizing the benefits of a healthy work force on insurance premiums, workers compensation claims, attendance and employee morale, Greenville Fitness offers corporate rates and works with local businesses to offer a comprehensive wellness program for employees. Flexible options are available to help employers offer memberships as a value-added benefit while making the center convenient for varying work schedules.

“Greenville Fitness is changing by the day,” says Ferguson. “We’re listening to our members and those in the community who want a convenient, relaxed and friendly atmosphere for their fitness needs. We recently remodeled our group exercise room, and we will soon invest in new security and membership management technology and improve our in-house sound system. We’re actively developing partnerships with area

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organizations and vendors to provide a progressive, comprehensive and community-focused fitness center.”

Her mission for Greenville Fitness is to welcome all individuals into a relaxed and supportive environment that encourages them to achieve their goals. “For many years, I felt like I didn’t *belong* at a gym,” said Monica. “Everyone belongs at Greenville Fitness.”

Greenville Fitness is located at 12 North Diamond Street in the McNeilly Business Center. Hours are 7 a.m. – 9:00 p.m. Monday-Friday and 7:00 a.m. – 4:00 p.m. on Saturday and Sunday, with plans to expand those hours soon. Information is available at www.greenville-fitness.com, by calling 724-588-4199 or emailing aspenfamily@verizon.net.

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